

Snare Drum  
Practice  
Routine



# Right Hand Rebounds

First stroke with the wrist. From then on with the fingers. One minute.



# Left Hand Thumb Only Rebounds

Use flat palm and stick controlled by thumb only. One minute.



# Rebound Control Exercises

# Rebound Control Exercises

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**Learn to bounce the sticks in a smooth manner.**

Feel each stick rebound and adjust your approach to achieve an even rhythm.  
Do not grip the stick too tight which will hinder the bounce.  
Apply a loose grip and light touch until you are smooth and confident... Then you can speed up the exercise!

## Fours and Eights (4's & 8's)

This Excercise is a sequence in "Simple" Time.  
Meaning the Beat (or Rhythm) is "Divisable by Two".



### Threes and Sixes (3's & 6's)

This Excercise is a sequence in "Compound" Time.  
Meaning the Beat (or Rhythm) is "Divisable by Three".



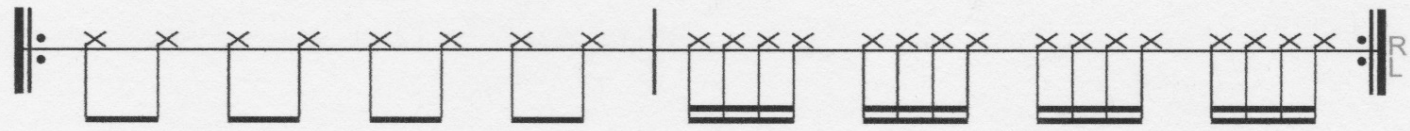
# The Check Pattern

## The Check Pattern...

Learn the Count to help you with the rhythm as you step  
up and down through the Sequence.

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### The Check Pattern



Count as: 1 an 2 an 3 an 4 an 1 e + a 2 e + a 3 e + a 4 e + a

Right Hand



Left Hand



# Singles, Doubles and Paradiddles

## Singles, Doubles & Paradiddles.

First, learn each rudiment individually, gradually increasing the speed and accuracy.

Once mastered, apply each rudiment to the Check Pattern.

Be sure to repeat (or loop) each rudiment several times through the Sequence.

### Singles



### Doubles



### Paradiddles

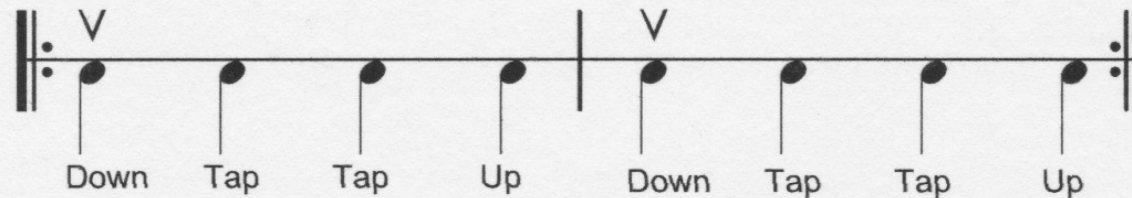
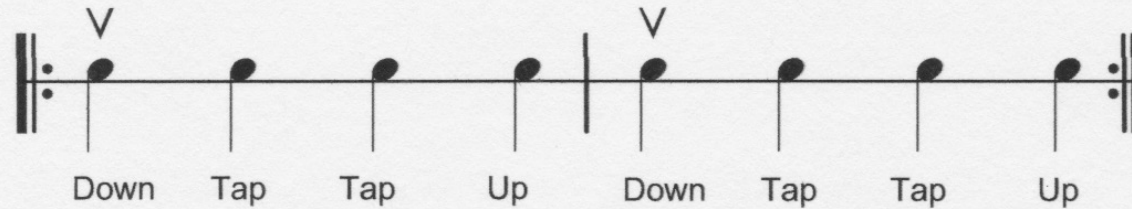


# Scottish Whip Accent Fours

## Accents and Taps

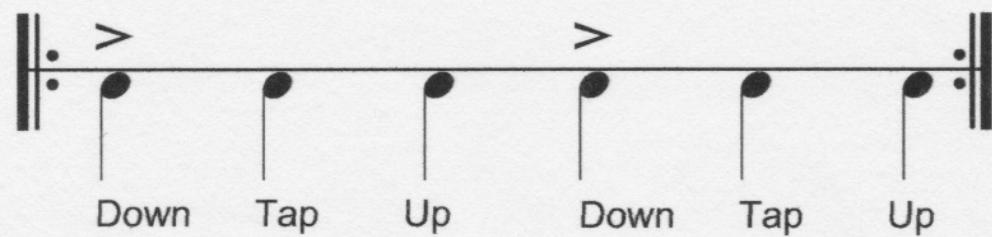
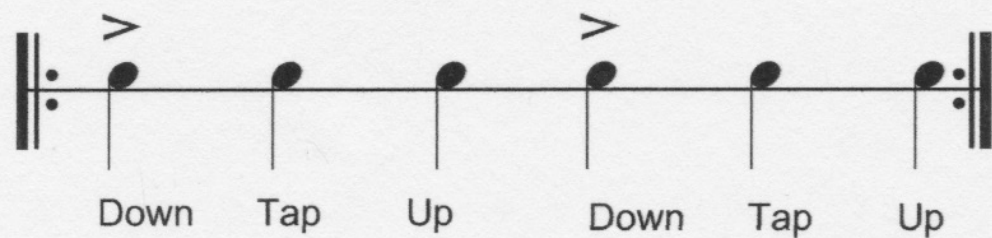
Use your Stick Height and a "subtle" Whipping Action to achieve an Accent whilst playing each rhythm in groups of Fours, Threes and Twos.  
Maintain good technique and control whilst speeding up.

### Fours



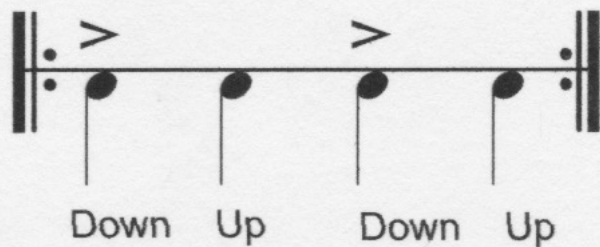
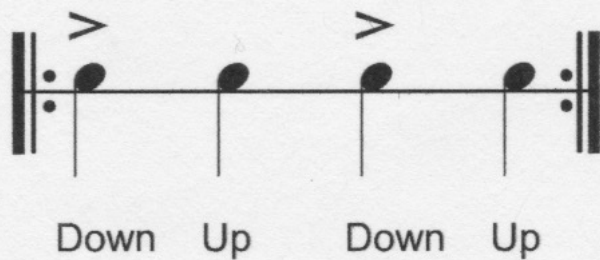
# Scottish Whip Accent Threes

## Threes



# Scottish Whip Accent Twos

## Twos



# Single Stroke Runs

## Single Stroke Runs

The word "Run" is used when referring to Single Stroke Rolls.

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The Sticking is said to be Alternating or Switching or Hand-to-Hand.

### Five Stroke Run

A. on the right

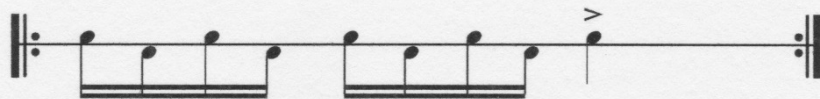


B. on the left



### Nine Stroke Run

C. on the right



D. on the left



# Single Stroke Runs – 5s and 9s Combinations

## 5's and 9's Combination Exercise



# Double Stroke Rolls

## Double Stroke Rolls

The word "Open" is used to indicate the roll is played with "Double Strokes", not Buzz Strokes.

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### Five Stroke Open Roll

A. on the right



B. on the left

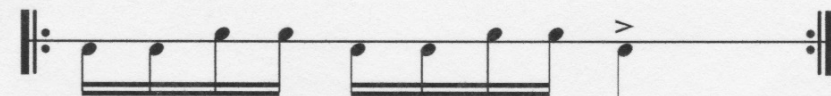


### Nine Stroke Open Roll

C. on the right



D. on the left



# Double Stroke Rolls – 5s and 9s Combinations

## 5's and 9's Combination Exercise



# Singles Doubles Paradiddles into 5s and 9s Cadence - Part 1

# Fives and Nines

## 2/4 March Time

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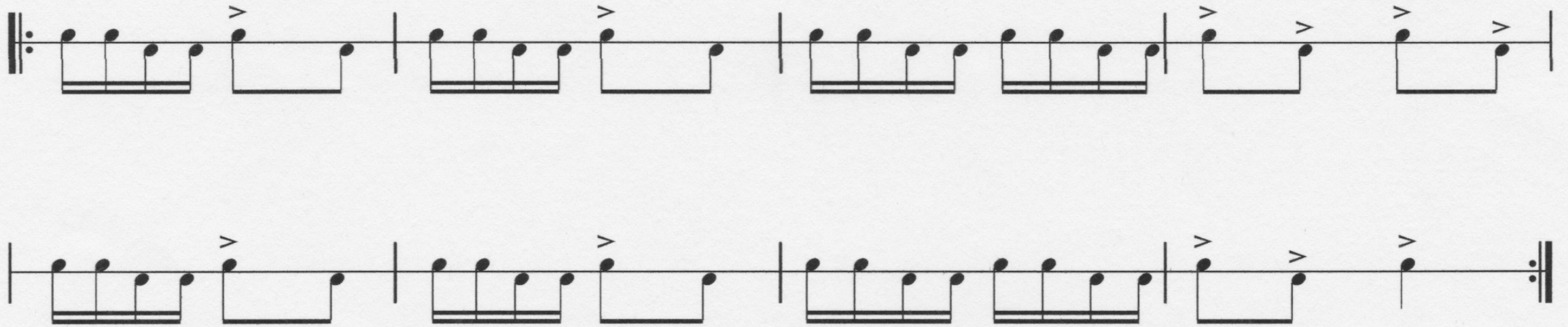
## Putting Singles, Doubles & Paradiddles in a 5's and 9's Cadence.

Part 1



# Singles Doubles Paradiddles into 5s and 9s Cadence - Part 2

Part 2



# Singles Doubles Paradiddles into 5s and 9s Cadence - Part 3

Part 3

The image displays musical notation for a drum solo exercise, labeled "Part 3". It consists of two systems of notation, each with a first and second ending bracketed and numbered "1" and "2".

**System 1:**

- First Ending:** A single line of notation starting with a repeat sign. It contains four measures: the first two measures each have a pair of eighth notes followed by a quarter note; the third measure has a pair of eighth notes followed by a quarter note with an accent (>); the fourth measure has a quarter note with an accent (>). The line ends with a repeat sign.
- Second Ending:** A single line of notation starting with a repeat sign. It contains four measures: the first two measures each have a pair of eighth notes followed by a quarter note; the third measure has a pair of eighth notes followed by a quarter note with an accent (>); the fourth measure has a quarter note with an accent (>). The line ends with a repeat sign.

**System 2:**

- First Ending:** A single line of notation starting with a repeat sign. It contains four measures: the first two measures each have a pair of eighth notes followed by a quarter note; the third measure has a pair of eighth notes followed by a quarter note with an accent (>); the fourth measure has a quarter note with an accent (>). The line ends with a repeat sign.
- Second Ending:** A single line of notation starting with a repeat sign. It contains four measures: the first two measures each have a pair of eighth notes followed by a quarter note; the third measure has a pair of eighth notes followed by a quarter note with an accent (>); the fourth measure has a quarter note with an accent (>). The line ends with a repeat sign.

# Stick Control Page 5 Parts 1 to 4

Use more wrists and less fingers. Start at 50 bpm. Repeat twice each row and follow on without stopping.

The image displays four parts of a drumstick control exercise, each consisting of a musical staff and a sequence of R (Right) and L (Left) strokes. The exercises are numbered 1 through 4.

**Part 1:** The staff is in bass clef. The sequence of strokes is: R L R L R L R L R L R L R L.

**Part 2:** The staff is in bass clef. The sequence of strokes is: L R L R L R L R L R L R L R.

**Part 3:** The staff is in bass clef. The sequence of strokes is: R R L L R R L L R R L L R R L L.

**Part 4:** The staff is in bass clef. The sequence of strokes is: L L R R L L R R L L R R L L R R.

# Stick Control Page 5 Parts 5 to 8

Use more wrists and less fingers. Start at 50 bpm. Repeat twice each row and follow on without stopping.

5

R L R R L R L L R L R R L R L L

6

R L L R L R R L R L L R L R R L

7

R R L R L L R L R R L R L L R L

8

R L R L L R L R R L R L L R L R

# Stick Control Page 5 Parts 9 to 13

Use more wrists and less fingers. Start at 50 bpm. Repeat twice each row and follow on without stopping.

9  
R R R L R R R L R R R L R R R L

10  
L L L R L L L R L L L R L L L R

11  
R L L L R L L L R L L L R L L L

12  
L R R R L R R R L R R R L R R R

13  
R R R R L L L L R R R R L L L L

# Stick Control Page 8 Parts 1 to 4

Use wrists. Start at 70 bpm, work towards 80 bpm. Do 8 or 10 lots of each row then stop.

1



Hand 1 exercise staff in bass clef. It contains four measures of eighth-note patterns. Measures 1 and 3 have a triplet of eighth notes on the first beat. Measures 2 and 4 have a triplet of eighth notes on the second beat. The patterns are: R L R L, R L R L, R L R L, R L R L.

R L R L R L R L R L R L R L R L R L R L

2



Hand 2 exercise staff in treble clef. It contains four measures of eighth-note patterns. Measures 1 and 3 have a triplet of eighth notes on the first beat. Measures 2 and 4 have a triplet of eighth notes on the second beat. The patterns are: L R L R, L R L R, L R L R, L R L R.

L R L R L R L R L R L R L R L R L R L R

3



Hand 3 exercise staff in bass clef. It contains four measures of eighth-note patterns. Measures 1 and 3 have a triplet of eighth notes on the first beat. Measures 2 and 4 have a triplet of eighth notes on the second beat. The patterns are: R R L L, R R L L, R R L L, R R L L.

R R L L R R L L R R L L R R L L R R L L

4



Hand 4 exercise staff in treble clef. It contains four measures of eighth-note patterns. Measures 1 and 3 have a triplet of eighth notes on the first beat. Measures 2 and 4 have a triplet of eighth notes on the second beat. The patterns are: L L R R, L L R R, L L R R, L L R R.

L L R R L L R R L L R R L L R R L L R R

# Stick Control Page 8 Parts 5 to 8

Use wrists. Start at 70 bpm, work towards 80 bpm. Do 8 or 10 lots of each row then stop.

5  
R L R R L R L R L R L L R L R L R L

6  
R L L R L R L R L R R L R L R L R L

7  
R R L R L R L R L L R L R L R L R L

8  
R R R L R L R L R R R L R L R L R L

# Stick Control Page 8 Parts 9 to 12

Use wrists. Start at 70 bpm, work towards 80 bpm. Do 8 or 10 lots of each row then stop.

9

L L L R L R L R L L L R L R L R

10

R L L L R L R L R L R L L L R L R L R L

11

L R R R L R L R L R L R R R L R L R L R

12

R R R R L R L R L R L L L L R L R L R L

# Stick Control Page 10 Parts 1 and 2

Use wrists. Start at 60 bpm, work towards 70 bpm. Do 8 or 10 lots of each row then stop.

The image displays two parts of a stick control exercise, labeled 1 and 2, each on a five-line musical staff. Part 1 is written in bass clef and contains six groups of rhythmic notation, each consisting of four eighth notes beamed together. The groups are separated by a bar line after the third group. Part 2 is written in treble clef and also contains six groups of rhythmic notation, each consisting of four eighth notes beamed together, separated by a bar line after the third group. Below each staff is a sequence of letters representing the right (R) and left (L) hand strokes for each note.

**1**

R L R L RLRL RLRL R L R L RLRL RLRL

**2**

L R L R LRLR LRLR L R L R LRLR LRLR

# Stick Control Page 11 Parts 1 and 2

Use wrists. Start at 60 bpm, work towards 70 bpm. Do 8 or 10 lots of each row then stop.

The image displays two parts of a stick control exercise, labeled 1 and 2, each with a musical staff and a corresponding sequence of drum strokes.

**Part 1:** The musical staff is in bass clef. The sequence of strokes is: R L R L, followed by a 9 stroke open roll (indicated by a star symbol), then R R L L R R L L, and finally R L R L R R L L R R L L.

**Part 2:** The musical staff is in treble clef. The sequence of strokes is: L R L R, followed by L L R R L L R R, and finally L R L R L L R R L L R R.

# Seven Stroke Roll

Just medium pace. One minute on each. Hold stick directly after the tap.

The image displays musical notation for a 'Seven Stroke Roll' exercise, organized into two rows: 'RIGHT hand...' and 'LEFT hand...'. Each row contains three distinct musical phrases, each preceded by a double bar line. The first phrase in each row is labeled 'the pulse' and features a triplet of eighth notes followed by a quarter note with an accent (>). The second phrase is labeled 'the strokes' and features a triplet of eighth notes, each with a double bar line underneath, followed by a quarter note with an accent (>). The third phrase is labeled 'As Written (abbreviated)' and features a single eighth note with a double bar line underneath, followed by a quarter note with an accent (>). The notation is written on a single horizontal line for each hand.

RIGHT hand...

the pulse

3

the strokes

3

As Written (abbreviated)

LEFT hand...

the pulse

3

the strokes

3

As Written (abbreviated)

# 13 Stroke Roll

Just medium pace. One minute on each. Hold stick directly after the tap.

## Thirteen Stroke Roll

Say "Hickory Dickory Dock" as you play. Or try "Buzz-Trip-Let-Buzz-Trip-Let-Roll".

RIGHT hand...

the pulse

the strokes

As written - abbreviated

LEFT hand...

the pulse

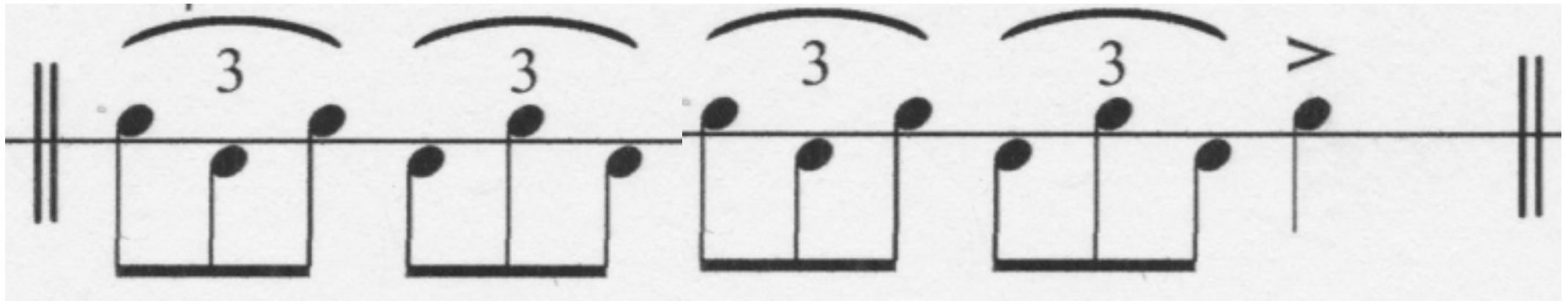
the strokes

As written - abbreviated

The image displays musical notation for a 'Thirteen Stroke Roll' on two staves, labeled 'RIGHT hand...' and 'LEFT hand...'. Each staff contains three distinct rhythmic patterns, each preceded by a double bar line. The first pattern, labeled 'the pulse', shows two groups of three eighth notes beamed together, followed by a single eighth note with an accent (>). The second pattern, labeled 'the strokes', shows two groups of three eighth notes beamed together, each with a double bar line through the stem, followed by an accented eighth note. The third pattern, labeled 'As written - abbreviated', shows a single eighth note with a double bar line through the stem, followed by a whole note with a slur over it. The notation is in a simplified, instructional style with a single line for each hand.

# Intro Roll

Right hand only. (Also know as 3 paced roll or 25 Stroke Roll)



# The RSPBA Massed Bands 4/4 March

First and third lines play only unison parts. Second and 4<sup>th</sup> lines play all parts.

4/4 March - 1 Part Repeated

The RSPBA Massed Bands March Setting. Arrangement by Keith Tombs, June 2014.

The musical score is written on two staves. The top staff contains a single melodic line with four measures, each marked with a bracket and the letter 'u' above it. The bottom staff contains a drum part with various rhythmic patterns and dynamics. The drum part includes a 'Flam...' (flamenco) pattern, followed by two '7 Stroke Roll...' patterns, a 'Pat...' (pat) pattern, a 'ti...' (ti) pattern, and two 'Fla...' (flamenco) patterns. The drum part is marked with a crescendo hairpin and a decrescendo hairpin. The score ends with a double bar line and a repeat sign.

Flam... 7 Stroke Roll... 7 Stroke Roll... Pat... ti... Fla... Fla...