Quizlet

16 Multiple choice questions

- a. values
- b. wellbeing
- c. wants
- d. resources

2. things people use to achieve goals

- a. wants
- b. wellbeing
- c. values
- d. resources

3. the process of making plans to achieve or do something

- a. values
- b. wants
- c. planning
- d. wellbeing

4. communication through physical actions and body language

- a. sense of identity
- b. non-verbal communication
- c. organisation
- d. verbal communication

5. preferences or desires not necessary for the maintenance of good health

- a. planning
- b. resources
- c. wants
- d. values

6. an individual's idea of who they are

- a. resources
- b. sense of identity
- c. organisation
- d. safety and security

7. the degree of satisfaction that an individual or group experiences when needs are met a. resources b. values c. wellbeing d. planning 8. a discussion in which the interview is more informal, with the interviewer planning areas for discussion without developing the actual questions in advance a. safety and security b. sense of identity c. unstructured interview d. structured interview 9. a method for analysing a situation, generating possible solutions and evaluating the options a. resources b. planning c. wellbeing d. problem-solving 10. the action or quality of being systematic and efficient; it infers being orderly and logical a. social factors b. wants c. planning d. organisation 11. factors relating to interaction with other people a. organisation b. physical factors c. spiritual factors d. social factors 12. our essential desire to feel protected and safe from threat

a. safety and security

c. sense of identity

b. organisation

d. social factors

- 13. factors relating to physical health and safety
 - a. physical factors
 - b. resources
 - c. social factors
 - d. spiritual factors
- 14. factors relating to moral and/or religious areas
 - a. organisation
 - b. social factors
 - c. spiritual factors
 - d. physical factors
- 15. communication through the use of sounds and words; oral or written language
 - a. organisation
 - b. non-verbal communication
 - c. verbal communication
 - d. social factors
- 16. a conversation in which the interview has been planned with a set of predetermined questions developed by the researcher
 - a. sense of identity
 - b. structured interview
 - c. unstructured interview
 - d. spiritual factors