REVIEWING YOUR WORK ON A DAILY BASIS

Did you know that if you don't look at what you are learning for a second time within 24 hours you forget 80% of the detail? This is why your teachers encourage you to review what you learn each day when you get home from school.

One of the best habits you can develop is the following: each afternoon, even before you start your homework, spend 10-15 minutes reviewing what you learnt at school that day.

There are lots of different ways you can do this review, here are some ideas (and you can do something different every day):

1. Highlight the key points in each lesson.

2. Write down the top 3 things you learnt in each lesson (you could do this in a separate book or at the bottom of the day's classwork).

3. Make a mind map about what you have been learning in class.

4. Try and explain what you did in each lesson that day to a family member (or even to the cat).

5. Go on a Google adventure, do some quick research on one interesting thing from each lesson.

6. Write up on a whiteboard one main idea from each lesson (a whiteboard in your room is a great tool for secondary students).

7. Write down for each subject a question you could ask about what you learnt that day.

There will be a fabulous payoff to doing this, more of what you learn at school will stick in your head, you will have less to learn at test time, and it will make your assignments and projects easier when you can recall what you have been learning.